

GOOD SAMARITAN



HEALTH CLINIC OF PASCO, INC.

*Providing Healthcare
to People in Need*

OUR MISSION

THE
GOOD SAMARITAN
HEALTH CLINIC
IS A VOLUNTEER
DRIVEN, NON-
PROFIT
ORGANIZATION
THAT PROVIDES
QUALITY, NON-
EMERGENCY AND
DENTAL SERVICES
FREE-OF-CHARGE
TO ELIGIBLE
RESIDENTS OF
PASCO COUNTY.

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Serving Pasco County for 25 Years

The Good Samaritan Health Clinic has proudly
served patients in our community since 1990!

Save the Date for our 25th Anniversary Open House & Mixer

April 9, 2015 5:30 pm—7:30 pm

Message from our CEO Melissa Fahy



As the Clinic is celebrating our 25th Anniversary of providing healthcare to people in need, we have so many things to reflect back on and give thanks. Our founding members that had the foresight to actually do something about the folks that were being left behind, falling between the cracks and racking up healthcare bills they could not afford. By starting this free clinic we address those chronic long-term diagnoses and get those people the necessary medications helping to stop that vicious cycle, making them healthier, employable, tax paying Pasco

County citizens. Back in the day, we operated in a small house off Grand Blvd, then moved into the trailer the Pasco County School Board donated to us off Thys Rd. Nine years ago we moved onto Aspen St. in downtown and we have a beautiful Clinic. Thanks to a grant from the Pasco County Community Development Block Grant, they bought this building. When the Cancer Center found out the County was buying this property for the Clinic, they lowered the price and donated the content, down to even the pictures on the walls. Going from a "Pinto to a Cadillac" is my analogy. Not to mention, our countless, volunteers, they have given their time, talents and treasures to ensure every patient is treated with dignity and respect and this Clinic is a success due to the combination of Community Partners, Volunteers and Donors.

We've come a long way- but there are still miles to go. We have left a footprint in the sand in Pasco County, we are your home grown free clinic. Please join us in making a difference to these folks that just need a helping hand, we provide not only healthcare but hope.

Please give us a call to see if you can help us help others. It's been my pleasure to be the CEO these past eight years, I can hardly wait to see what's in store for the Clinic during the next 25 years!

Preventing Exposure & Infection from Common Respiratory Illnesses



Thais Forbes

ARNP

At the time of this article, the US is experiencing a large, multi state outbreak of measles linked to an amusement park in California in December 2014.

As of early February 2015, some cases have been confirmed in Florida due to exposure to international visitors or travel to states where there have been outbreaks.

Measles is more likely to spread and cause outbreaks in U.S. communities where groups of people are unvaccinated. So the primary prevention is vaccination.

Acceptable presumptive evidence of immunity against measles includes at least one of the following: laboratory evidence of immunity (a titer); laboratory confirmation of measles, birth in the U.S. before 1957 or written documentation of adequate vaccination.

Many younger health care providers have never seen a patient with measles since the live measles vaccine came into use in 1963 and childhood immunization with the MMR vaccine became the CDC recommendation. Measles was declared eliminated in the U.S. in 2000. However, in recent years, measles cases and outbreaks still occur each year in the US because of "importations" of traveler exposure in many parts of the world where measles is

still common, including countries in Europe, Asia the Pacific and Africa.

The Florida state epidemiologist recently emailed all licensed health care providers in the state to provide information about measles and links to photos of patients with the characteristic Koplik spots (pathognomonic enanthema) which is followed by a maculopapular rash. Measles is an acute viral respiratory illness characterized by a prodrome of fever (as high as 105 degrees F) and malaise and the three "C"s: cough, coryza, and conjunctivitis. The rash usually appears about 14 days after a person is exposed but patients are considered to be contagious from 4 days before to 4 days after the rash appears, but some immunocompromised patients do not develop the rash.

Not only is this a good time to be aware of what information is available from the CDC and the Florida Department of Health to identify, isolate and report any suspected measles, but also an opportunity to review how to reduce exposure and avoid infection with more common respiratory illnesses.

At Good Samaritan, anyone with a cough is asked at check-in to don a mask and the clinician is alerted to any patient presenting with complaint of fever, rash, nausea/vomiting/diarrhea so that patient can be evaluated and not wait in the lobby with other

patients. Also, patients are offered the influenza vaccine as soon as it is available each Fall at Good Sam.

Hand washing before and after patient contact, and decontamination of equipment and surfaces in contact with patients is expected of all for patient, volunteer and staff safety. Bottles of hand sanitizer are also available throughout the clinic, but when possible, frequent hand washing with soap and water is best.

When experiencing symptoms of afebrile common upper respiratory infection, or nausea/vomiting/diarrhea, we encourage those affected to stay home and rest, remain hydrated and recuperate both for their own wellbeing and to prevent the spread of infection to others. Antibiotics are NOT prescribed for viral illness as they are NOT effective against viruses and using them when you don't have a bacterial infection contributes to antibiotic resistance.

There is no antiviral therapy for measles once you have it. Treatment is supportive medical care to help relieve symptoms. Just as the treatment for measles is supportive, comfort measures to help relieve symptoms it is best to stay home and rest when you have a common cold and stay well hydrated. This will help with your own recovery and in consideration of others, you can help prevent the spread of infection.



Volunteer Opportunities

We are always short- staffed, so if you have a desire to serve, please do not hesitate to call us!

- Front Desk • Qualifying Patients • Fundraising • Administration •
- Nursing • Dental Technician • Yard Maintenance
- Pharmacy • Computers

Staff Spotlight.....Teri Averill, Patient Advocate & Scribe

Patient assistance programs are offered by all of the major drug companies to patients who meet their requirements. Here at Good Samaritan Health Clinic we rely on these programs to provide many of our patient’s medicines. A typical 4 month supply of insulin would cost over \$2,000.00. Inhalers can run several hundred dollars. A three month supply of blood pressure medicine can run \$115.00. Our patients would not be able to afford these medications without the patient assistance programs that provide them for free.

I had a particularly difficult time getting one of our patients approved for his Lantus but I was finally able to get him enrolled. I called him with the good news and he made an appointment so he could pick up his insulin. Later that day I checked my inbox and discovered he had left me a note. It said, “Thanks so much for getting my Lantus so I don’t have to wait!!” I keep his note on my bulletin board and it always makes me smile when I see it.

As a patient advocate, it is important to stay on top of the drug companies changing re-

quirements for enrollment, refills, medications offered and more. Since coming to Good Samaritan Health Clinic I have strived to improve the department and “modernize” it by creating several excel spread sheets to help track meds, patients’ enrolled, top diagnoses, dates to reorder and more. The expected wait time from applying to arrival of medications was typically 6 to 8 weeks in 2013. Currently it is 2 weeks or less. It is a very exciting position and extremely rewarding to realize how many patients are helped through these programs!



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Good Samaritan Board of Directors

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Leaving a Loving Legacy

By
Robert W. Tiller, CFP®, CFS, RFC®
 Certified Financial Planner™
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 Certified Fund Specialist
 Registered Financial Consultant
Irene S-Thompson, CFP®, RFC®
 Certified Financial Planner™
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 Registered Financial Consultant

Want to know of a simple and private way of showing your appreciation and providing some financial support for your favorite charity or non-profit? It's as easy as listing them as one of your beneficiaries!

As a 501c 3 not-for-profit corporation, an organization can easily be named as a direct heir or beneficiary when you wish to bequest funds toward supporting the efforts of that group.

A portion of an individual's assets are frequently distributed directly to whomever may have been listed as a beneficiary or intended heir even if that person or organization was not written into the decedent's will or trust documents.

For example: writing the charity's "official" incorporated name as a beneficiary on your insurance policies, IRAs or annuities, will direct those funds to be made available upon your passing directly to that organization's support, without having to update your will or trust.

Checking, savings, money markets or Certificates of Deposits

at banks and credit unions typically allow an organization to be named directly through either a "Payable on death" (POD) or "In trust for" (ITF) clause. Many brokerage and securities investments allow similar handling via a "Transfer on death" TOD clause. These assets do not become "joint" accounts, as the owner has not been changed. Instead, the owner has merely given the financial institution instructions for their desired distribution of the account upon their death.

These types of bequests are said to pass to the named recipients "by operation of law," and generally allow for multiple persons or organizations to be listed alongside whatever percentage the benefactor chooses. When an estate is settled, these instructions supersede those in a will or trust on the respectively named assets—so individuals may wish to revisit the remaining estate distribution instructions of their will or trust to be sure their overall wishes are properly stated.

Charities and not-for-profit organizations are often ideal beneficiaries for receiving assets which may be taxable upon death settlement. To determine the scope and appropriateness of your own estate's tax consequences for heirs—you may wish to consult a qualified advisor.

Even after you have updated your respective assets' beneficiary forms, these instructions remain easily altered by you, until you have either passed away or become legally incapacitated at which time they become irrevocable. While you are alive, it is not

necessary to share your decision to include whomever you've named with anyone; however, should you renew, alter or change investments, these beneficiary instructions may need to be repeated to avoid accidentally removing them.

Beyond these simple steps to include those not presently listed in your existing estate documents, you may always consider discussing a broader estate plan with an appropriate counselor.

If wanting part of your future legacy to be your continuing to benefit others in a cause close to your heart, you may want to consider listing your favorite charity or non-profit as one of your estate's benefactors in the manner described above.

Robert W. Tiller, CFP®, CFS, RFC® and Irene S-Thompson, CFP®, RFC of Full Circle Financial, LLC encourage their clients, friends and families to consider including those charities nearest to each person's heart throughout their lives as a part of estate planning. Their company's website, www.fullcirclefinancial.net, has examples of their work with some of the local charities selected by their FCF's Client Advisory Board. They are available at 727-834-9700 to speak pro-bono with groups or individuals on charitable planning concerns.

Investment Advisor Representative with and Securities and Investment Advisory Services

Offered through Transamerica Financial Advisors, Inc. (TFA) member FINRA, SIPC and a

Registered Investment Advisor. Full Circle Financial, LLC is not affiliated with TFA.

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Good Samaritan Clinic Wish List

Copy Paper ○ Cleaning Supplies ○ Styrofoam Cups ○ Liquid Hand Soap
Disinfectant Wipes ○ 13 Gallon Garbage Bags ○ 35 Gallon Garbage Bags
Coffee ○ Distilled Water ○ Band-Aids ○ Batteries ○ Cavi-wipes ○ Paper Towels
Napkins ○ Light Bulbs ○ Bleach ○ Office Supplies

Patient Services Offered

General Medical Clinic

Non-emergency treatment, ARNP Monday thru Thursday
Physicians Tuesday & Thursday
Pharmacy Tuesday & Thursday Afternoon

Hepatitis C Clinic

3rd Monday of each month

Pulmonary Clinic

Once a month

Dental Clinic

Wednesday

Cardiac Clinic

Weekly

***All patients must pre-qualify financially prior to
receiving an appointment.
Patients seen by appointment only.***

Eligibility

Adult Pasco County

residents up to age 65

who are uninsured and

ineligible for Medicaid

can apply for services.

The clinic does not treat

patients who qualify for

Medicare or Military

Veterans. Only routine

medical conditions are

treated. A \$5 donation is

requested from each

patient for each visit.

Newsletter Underwritten by:



Good Samaritan Health Clinic of Pasco

is a proud partner agency of:



United Way of Pasco County

GOOD SAMARITAN



HEALTH CLINIC OF PASCO, INC.

**9th Annual Nurses Gala
Honoring the Nurses of Healthcare
May 8, 2015**

Sponsorship Opportunities

Platinum Sponsor

\$10,000

Includes 10 seats with premier seating location, welcome speech, featured spot on front page of program, Full Page ad with prominent placement in program and in the power point at the event, corporate logo on all event marketing materials including press releases and invitation, corporate logo and link on Good Samaritan Health Clinic website

Diamond Sponsor

\$5,000

Includes 10 seats with premiere seating location, recognition at event, Full Page ad with prominent placement in program and in the power point at the event, corporate logo or name included in press releases and marketing materials, corporate logo and link on Good Samaritan Health Clinic website

Reception Sponsor (1 available)

\$3000

Includes 8 seats with premiere seating location, recognition at event as Reception Sponsor, Full Page ad with prominent placement in program and in the power point at the event, corporate logo or name included in press releases and marketing materials, corporate logo and link on Good Samaritan Health Clinic website

Dessert Sponsor (1 available)

\$3000

Includes 8 seats with premiere seating location, recognition at event as Dessert Sponsor, Full Page ad with prominent placement in program and in the power point at the event, corporate logo or name included in press releases and marketing materials, corporate logo and link on Good Samaritan Health Clinic website

Gold Sponsor

\$2500

Includes 8 seats, recognition at event, Full Page ad in program and in the power point at the event, corporate logo and link on Good Samaritan Health Clinic website

Pewter Sponsor

\$1500

Includes 6 seats with premiere seating location, 3/4 Page ad with prominent placement in program and in the power point at the event, corporate logo or name included in press releases and marketing materials, corporate logo and link on Good Samaritan Health Clinic website

Silver Sponsor

\$1,000

Includes 6 seats, recognition at event, 1/2 Page ad in program, recognition in power point at the event

Ruby Sponsor

\$500

Includes 4 seats, 1/4 Page ad in program, recognition in power point at the event

Bronze Sponsor

\$250

Includes 2 seats, recognition in event program and power point at the event

For more information or to secure your sponsorship,

contact Development Director Tina Shelton at fundraiser@goodsamclinic.org or 727.848.7789 ext. 238.